



Colin Jackson CBE.

**Great Britain's Legendary Hurdler,
Multiple Gold Medallist & World Record
Holder, Broadcaster**

Birth date: 18/02/1967

Born: Cardiff, UK

Lives: Cardiff, UK

Records / Achievements

- 1988 Olympic Silver Medallist - Seoul Olympic Games in 110m Hurdles
- 1993 & 1999 Gold Medallist - World Championships in 110m Hurdles
- Set 7 European, 8 Commonwealth, 9 UK records for 110m Hurdles
- Former World Record Holder 12.91 seconds in Stuttgart 1993 for 13 years
- Current World Indoor Record Holder 7.30 seconds in Sindelfingen 1994
- 2005 Finalist on Strictly Come Dancing, ITV1's Dancing on Ice Goes Gold
- 2013 Founded 'Go Dad Run' campaign in aid of Prostate Cancer, hosted at venues nationwide
- 2014 Race Director for 'Red Bull: Wings for Life' events worldwide



Following his retirement in 2003, Colin was a natural choice to become one of the key members of the BBC's sports production team and he continues to cover all of their Athletics output. Covering the Athens Olympics was obviously a highlight early in his broadcasting career and since then he has been an integral part of the BBC programming for all major athletic events, including the London Olympic Games in 2012 and the Rio Games in 2016.

Colin co-hosted the BBC One live morning show Sunday Life for its duration during 2008 and also filmed The Truth About You for BBC One, a documentary looking at the science behind his body, brain and success. Colin traced his roots in a moving episode of BBC One's highly acclaimed, Who Do You Think You Are and dazzled us all with his dancing skills on Strictly Come Dancing and was thrilled to make it, by public vote, into the final. More recently Colin has honed his ice-skating skills for ITV1's Dancing on Ice Goes Gold and appeared in the BBC's 24 Hours in the Past.

Colin works closely with Sport Relief, where he is a member of the steering panel and is also an International Inspiration Ambassador for UNICEF as well as founding and fronting the Go Dad Run campaign for Prostate Cancer. 2014 also saw him take over the role of Race Director for the Red Bull: Wings for Life events worldwide.

Colin's personable, yet professional approach, combined with his high profile, means that he is in demand from the commercial sector and like his on-screen presentation and commentary Colin is a confident and charismatic conference/awards host and a high level motivational speaker. With an incredible competitive career behind him, he has been extremely well received by numerous audiences including IT Conventions and Business Forums.

Contact.

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